

Yreka High School



ATHLETIC DEPARTMENT RULES AND REGULATIONS 2024-2025

Revised Reading
by the YUHSD Board of Trustees
August 2024

Athletic Handbook

Dear Parents and Student-Athlete,

Welcome to 2024-25 School Year for Yreka High School Academics and Miner Athletics! We are looking forward to another successful sports participation year. It is always exciting to introduce our incoming freshmen to high school athletics and watch our upper classes continue to grow and find their way as contributors on teams. Joining a team as well as competing as individuals, can make for some of the best experiences in high school. We are proud and happy to have each and every one of you with us for all the lessons and experiences of sports. Yreka has a long proud tradition of competition coupled with academic achievement. It is the school's hope that you will find your athletic experience both rewarding and stimulating. We also hope that it will teach personal and physical skills that will last a lifetime. What you carry away with you from Yreka High School is important to us and to the places you venture. **Please read and clearly understand the contents of this handbook.**

We urge parents/guardians to actively support and encourage their daughters and sons in both academic and athletic pursuits. Further, and most importantly, we ask parents to support and offer Timely Communication with the coaching staff, Athletic Director, and office personnel at Yreka High School. We are here at Yreka High to actively promote your youngster's academic, personal, as well as athletic growth. Parent support for the standards of excellence is needed to ensure that the proper values are in place for our student-athletes as guidelines for their participation. As such, please be an active user of Aeries homework and grade posting program on our web site: www.yuhsd.net and go to "Parent ABI Login." It is also imperative that any concerns regarding our programs be addressed immediately (required within 72 hours) using the proper channels of communication as listed. Additionally please take the time to look into viewing, "Positive Sport Parenting" at: <http://nfhslearn.com/courses/18000>. This is a free video course offered by the National Federation of High Schools governing athletic organizations.

We expect all student-athletes, parents, and fans to continue the Miner tradition of great sportsmanship, citizenship, and fair play. Yreka High School supports the C.I.F. program of "Pursuing Victory with Honor". The six pillars of this program are: trustworthiness, respect, responsibility, fairness, caring, and good citizenship. Please refer to the Northern Section CIF web site for valuable information relating to high school sports.

We hope that this pamphlet will be of value for understanding athletics at Yreka High School. This guide provides the goals and objectives, along with the responsibilities and expectations of parents and student-athletes actively involved in our athletic program. Because student-athletes are held to high standards during school and non-school functions, acceptance of these responsibilities to self and to the team is mandatory.

Please contact me with any questions.

Jason Freitas
Athletic Director
530-842-6151 x 120

Matt Dustan
Athletic Administrator
530-842-2521

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Yreka High School Athletic Department

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FALL

Cheerleading

Cross Country

Football

Golf – Girls

Tennis - Girls

Volleyball - Girls

eSports

Kayla Burns

Issac Fernandez

John Marquez

Tim Shaw

Carrie Henry

Scott Eastman

Garrett Sanchez

WINTER

Basketball - Boys

Basketball - Girls

Cheerleading

Soccer - Girls

Soccer - Boys

Wrestling- Boys/Girls

Gus Gonzalez

Brooke Cox

TBA

David Smith

Bob Buker

Dana Craig

SPRING

Baseball

Softball

Tennis - Boys

Track and Field

Trap and Clays

Golf-Boys

eSports

Cody Knight

Brooke Cox

Daniel Bryan

Pam Borg

Barry Peters

Tim Shaw

Garrett Sanchez

SPORTS AT YREKA HIGH SCHOOL

FALL

Cheerleading (JV, V) *
Cross-Country (JV, V)
Football (F,JV, V)
Golf –Girls (V)
Tennis - Girls (JV, V)
Volleyball –Girls (F,JV, V)
eSports- Boys/Girls (V)

WINTER

Basketball (F,JV, V)
Cheerleading (JV,V)*
Soccer- Boys & Girls (V)
Wrestling-Boys & Girls (JV,V)

SPRING

Baseball (JV, V)
Softball (JV, V)
Tennis - Boys (JV,V)
Trap- (JV,V)
Golf- Boys (JV,V)
Track & Field- (JV,V)

**Cheerleading (Sideline) is not a CIF sanctioned fall sport. However, it is part of the Athletic Department. Athletic letters are awarded if cheerleaders follow all athletic department rules and regulations.*

LETTERING POLICY

Due to the unique nature of each sport, the head coach of that sport in coordination with the athletic director will determine the varsity lettering policy in a way reflective of athletic programs at Yreka High School.

PHILOSOPHY STATEMENT

INTERSCHOLASTIC ACTIVITIES

Yreka High School is a member of the California Interscholastic Federation (CIF) and abides by its rules and policies. Yreka High believes that interscholastic athletics is an integral part of the total education structure. We believe that all participants should have equal opportunity for varied sports experiences and should have complete freedom of choice in selecting activities. We believe that participation in interscholastic athletics is voluntary, but is also a privilege.

Yreka High believes that athletics can help students develop values, attitudes and skills for personal growth and to benefit our society. To that end, athletics is competition, integrity and fairness. Yreka High wants its student athletes to experience the excitement and camaraderie of participation in athletics through competition. Yreka High hopes its student/athletes will develop principles of honesty, responsibility, scholarship and respect for self and others through our athletic programs. It is our hope that our athletes will also learn how to persevere in the face of adversity and setbacks.

HEAD COACH RESPONSIBILITIES

The head coach of each sport will have clear and sequential expectations of fundamental athletic skills that are taught throughout all levels of their sport programs. These skills and expectations will be communicated to each lower level coach within the sports program. The head coach will provide assistant coaches with sufficient instruction, materials, modeling and observation to ensure that skill development is consistent, sequential and developmental within their sports program.

Coaches at Yreka High School will promote important life skills and the development of good character as outlined by CIF's, **"Pursuing Victory with Honor"**.

VARSITY ATHLETICS

Varsity competition at Yreka High School is highly competitive. We are a member of the Northern Athletic League, a very strong athletic league. Due to our proximity to Oregon, our athletes also have the unique opportunity to compete against several of Southern Oregon's finest athletic teams. The varsity level of competition is designed for those athletes who have the necessary skills and desire to compete against top high school athletic programs.

FRESHMAN AND JV ATHLETICS

Our Freshman and JV programs are designed for our younger athletes to develop the skills

necessary to compete at the Varsity level. While these teams, in most instances, compete against the same schools the Varsity level competes against, we view these levels of competition as developmental. A freshman or sophomore may be asked to move up to the Varsity level based on athlete skills and team needs. This should be agreed upon by Coach, athletes, parents. Notification of the roster change needs to be communicated to the Athletic Director and secretary.

Junior Athletes

The CIF Northern Section allows juniors to participate at the Varsity or Junior Varsity levels. This is designed to help with the development of our athletes and raise our chances of filling as many levels of teams as possible. Juniors can play at either level during the preseason but not on the same day. Athletes who go back and forth must stay under the allowed contest for their sport. Once a junior plays a league game at the varsity level they must remain at that level for the remainder of the season. This rule does not change the existing JV/V participation rules for Cross Country and Track and Field.

NCAA CLEARINGHOUSE

Any student athlete who desires to compete in sports at the collegiate level (**Division I or II**) is required to register with the NCAA Clearinghouse during their senior year. It is strongly recommended that athletes **during their sophomore year, or** at the beginning of their junior year contact the Athletic Director and their counselor to receive guidance in this area. **Many of the core classes that are required, are classes that students should take early in their high school career.**

ATTENDANCE

Athletes must attend all classes on the day they are to participate in a contest. If the contest is on a Saturday, a holiday, or athletes are leaving before 8:00am, the school day immediately prior to the day of the game **MUST BE ATTENDED** all day to participate. Absences due to medical or dental appointments must be brought to the attention of the Attendance Office, with a parental note or phone call, **PRIOR** to the appointment. An **Off Campus Pass must be obtained before departure** to appointment. In the case of a medical emergency, a note from the proper physician or medical professional will be accepted along with parental contact. Verification of court ordered appearances and religious observances must be cleared through the attendance office **PRIOR** to the contest. Any other unusual problems must also be cleared by the administration **PRIOR** to the contest or practice. **An official note of verification from service provider will be required upon return to campus.**

Athletes with unverified or unexcused absences or cuts on the day of a contest will NOT be allowed to participate in any capacity for that day. Athletes who miss detentions and are on the “No-Go List” will not be allowed to participate in any contests until the infractions are cleared. Athletes on the “NO-GO List” can still attend practices. Leaving campus without obtaining an Off Campus Pass is marked as a “Cut” and will prohibit participation.

Athletes are expected to attend all practices when in school. Excused absences from practice shall be based on an excused absence from school or **PRIOR** permission from the coach. If a student has an unexcused absence from practice the coach has the authority to not play the student-athlete at the next contest. **Students must attend at least 50% of the school day and have no unexcused absences to participate on practice days. The 50% must be the 2nd half of the day.**

Students attending Yreka Options must attend their weekly appointments—each week—and continue to produce credit earnings at a minimum of 2.0 credits/week rate for individual subject area contracts. Yreka Option Athletes unable to fulfill these requirements will be removed from the team roster.

Non-School Sponsored Extra Activities: Athletes are expected to be both academically focused and dedicated team members first. As such, they are not permitted to participate in other non-school sponsored activities that conflict with practice and/or games, *unless **PRIOR** arrangements and permission from the Head Coach of programs has been granted.* Included in these activities would be performances, camp-counseling, extended field trips outside the regular school day, non-season sport camps, and practicing/competing for other club or non-season sport teams. Program success can only come with dedication and support for the coaches and team efforts.

TRANSPORTATION

All student-athletes are to depart campus in school transportation; they are NOT to drive their private vehicles to away contests, or a predetermined location (i.e. Grenada or Hornbrook). Student-athletes may be dropped off (when returning from a contest) in a predetermined location (Chevron in Hornbrook, the gas station on the east side of I-5 in Grenada, the Weed Rest Area, or Mayten Store in Big Springs) and picked up by their parents, or have personal transportation at that site. Transportation does not wait more than 10 minutes for a parent to arrive in those predetermined locations. Please note that this courtesy may be revoked at any time by the YHS Administration. If there is not a parent there within that time frame, then that parent will have to come to Yreka to pick their child up.

A special “To event” travel consideration may be granted by administration for transport to an event if exceptional circumstances dictate. Such examples would include playoff events and tournaments that happen during weekends, holidays, and vacations, medical specialist appointments, scholastic university placement testing, and college visitations. Requests must be made at least 48 hours in advance, using written request form, and approved by the Head Coach and administration. Any athlete arriving late to event will not have any priority of playing time.

In the case of Saturday, Holiday, and events with early morning departures to competitions i.e. Snow Sports and full day tournaments, the above listed drop off locations may be used for athlete pick up. For travel planning purposes Athlete/families **MUST** give 24-hour communication in writing to the head coach and main office when requesting this detour pick up. **Beware; athletes must be at assigned locations when transportation from school arrives.** No other locations will be considered.

Coaches may release a student-athlete to the parent/guardian to ride home from a contest (it is expected that each Head Coach use a sign out sheet for verification). A student-athlete may be released to another adult **only** with prior written approval (at least one day) through the office. Forms for student/athlete release will be available in the front office that must be signed by the student-athlete, parent, Athletic Director and Principal. These signed forms are to be given to the coach before departing for the contest. If the form is turned in the day of the contest, the Athletic Director and/or Principal will not sign the form, and that student-athlete will have to ride home with the school transportation.

GENERAL INFORMATION

Due to the unique nature of each sport, some of our sports require tryouts. The fact that someone tries out for a position on the team does not guarantee placement on the team. The composition of each team is the responsibility of the coach of that team.

LENGTH OF SEASONS

Fall: First practice approximately the middle of August - season concludes between mid October & early November depending upon the sport & playoffs.

Winter: First practice approximately first week in November- season concludes in late February or early March depending upon the sport and playoffs.

Spring: First practice approximately first to third week in February - season concludes in mid May depending upon the sport and playoffs.

HOW TO “GO OUT” FOR A SPORT

Step 1 Must Be Enrolled at YHS.

Athletes must be registered at Yreka High School and enrolled in at least four (4) credit classes.

Step 2 Eligibility Packet (Sports Packet)

Athletes must fill out an online packet at www.homecampus.com ***prior to participating in practice and/or tryouts!***

The packet includes the following:

- A. A signed and completed physical form by a licensed medical doctor. Athletes must have a physical prior to each year's participation in sports at Yreka High. Valid physicals are good for 365 days.
- B. Parent/Guardian must fill out the Health History side of the Sports Physical page.
- C. Health insurance section of the clearance must be completed with insurance company name and policy number. No student may participate without showing proof of insurance. For those students who do not have medical insurance through a family policy, insurance plans from an independent company are available at the high school's main office, or online at myers-stevens.com
- D. All school acknowledgement sections of the clearance must be read and marked yes as understood, and all signatures completed on the policies pages.
- E. If a student is a new transfer or an incoming freshman they must bring a copy of their most current report card to prove eligibility.

Step 3 Upon completion of Steps 1 and 2, the athlete will receive a “Gold Card” from the main office which he/she will give to their coach notifying the coach that the athlete is cleared for practice.

ELIGIBILITY

1. Meet all requirements under the section How to “Go Out” for a Sport.
2. **Academic:**
 - a. A student must have passed at least 20 semester credits (units) of work at the completion of the most recent grading period and maintain a minimum 2.0 grade point average. **Eligibility is determined at the end of the report card grading period including quarter grades.** Any individual Aeries or teacher Progress grade is NOT an eligibility grade. All Eligibility will be done at the same time with each report card.
 - b. You must continue to maintain a 2.0 accumulated Grade Point Average (GPA) in order to be eligible to participate with the Yreka High School Athletic Programs. Student Athletes who have not met their “academic eligibility” requirements at the beginning of the season will lose eligibility. There is a fairly simple process to make sure you are always “academically eligible”...**Go to class on time, sit in the front of the classroom, pay attention to instructions, communicate needs to the teacher, and make a daily effort!**
 - c. Refer to CIF Bylaw 205 on the NSCIF web site for additional questions on scholastic eligibility.
 - d. Students whose grades fall below a 2.0 grade point average may request to participate in sports for **one grading period** (using a grade waiver) under academic probation. Only one such request can be made throughout grades 9 through 12. In order to use the waiver, a student must have passed at least four (4) classes (20 Units) in the previous high school grading period & have no more than two “F” grades for the reporting period. They also must have had at least a 2.0 in the grading period prior to the grading period in which they lost eligibility.
3. No student whose nineteenth (19th) birthday is attained prior to June 15, shall participate or practice on any team in the following school year.
4. A student has residential eligibility upon initial enrollment in the ninth grade at Yreka High School or upon a transfer from ninth grade of a junior high school. A student may have transfer eligibility provided the student is compelled to move from any school to a CIF school due to a valid change of residence from one’s school attendance area to the attendance of the new school by the parents, legal guardian(s) or caregiver with whom the student was living when the student established residential eligibility at the prior school. As of July 1, 2007, the CIF has instituted new bylaws for transfer eligibility. Please refer to www.cifns.org to view the parent handbook that pertains to bylaws 200, 202.B, 206, 207, 208, 210, and 510.
5. Athletic hardship cases should be referred to the athletic director who will refer them to the appropriate administrator.
6. A student on a high school team becomes ineligible if the student competes in a contest on an “outside” team, in the same sport, during the student’s high school season of sport (refer to CIFNS bylaws 500, 512, and 600).
7. Students are allowed to compete in only one school sport per season. This is to ensure that student-athletes give their total commitment to the team and coach.
8. As per Yreka Union High School Board of Trustees’ policy, if a student has a reparation due to the District for outstanding debts such as books, sports equipment, library fines, lock fine, damage to school property, the District may withhold grades, diploma, transcript, and may place the student on ineligible status for extra-curricular activities. Extra-Curricular activities are defined as: graduation ceremony, participating in sports, attending sporting events, field trips, competitions and club activities.
9. For a student to Participate on the Trap and Clays Team they must:
 - A. Completion of California Hunter Safety Course or approved alternative.

- B. No Significant behavior incidents or series of incidents.
- C. No issues or concerns with temper or anger management as reported by counselor, Psychologist or Student Support Team referral(s)
- D. No Placement in any ED program for any amount of time in the last six years.

QUITTING A TEAM

An athlete who quits a team cannot go out for another same season sport unless the head coaches involved agree, or until the season ends **(of the sport in which the athlete quits)**. An athlete will forfeit all awards and honors if he/she quits a team or is dropped from the team at the coach's discretion. Athletes who are removed from the team, for any other reason (i.e.: disciplinary, academic, personal), forfeit all awards and individual recognition. Any athlete who willfully attempts to disrupt a practice or competition or organize a demonstration or protest against a coach, fellow player, other athletic personnel, or a program may be removed from sport participation for three sport seasons inclusive of the one they are in.

EQUIPMENT

Each athlete is responsible for the equipment issued and is financially responsible for any loss or willful damage to the equipment. All equipment should be returned promptly. An athlete who has not turned in equipment from one sport will not be allowed to go out for another sport, until that equipment is returned or paid for.

ATHLETIC PARTICIPATION / PHYSICAL EDUCATION PROGRAM

This program allows students *to earn up to* seven and one half (7.5) semester units of physical education credit per academic year for successful completion of a school-sponsored sports season as a rostered (numbered) team member that may be applied toward the 20 unit physical education graduation requirements.

All students who meet the criteria for "Pass" from the coach and/or athletic director will automatically earn 2.5 credits (per sport) of Athletic Participation towards Physical Education if applicable. If it is NOT a desire to have the credits posted on the student's transcript, then that must be in writing to the athletic director prior to the end of the season.

Student-athletes may receive 2.5 credits toward Physical Education for each sport season completed.

YREKA HIGH SCHOOL ATHLETIC RULES AND REGULATIONS

As stated in our philosophy, Yreka High School abides by all the rules and policies of the California Interscholastic Federation. In addition, we are governed by rules of the North Section CIF and the Northern Athletic League. (Copies of all of these regulations are available for review in the Athletic Director's office, or online at www.cifns.org.) Yreka High School has established several of its own policies in regards to Standards of Conduct. Participation in any athletic program is a privilege and students must comply with the standards of conduct during the length of their seasons. *All coaches at Yreka High School support and uphold the student athletic standards which are stated in this handbook.*

STANDARDS OF BEHAVIOR

Individual coaches shall set standards of appropriate behavior of athletes during practice and games as long as these are consistent with Y.H.S. Athletic Policy. Athletes violating these standards may be dismissed from the team with forfeit of all awards or honors. Athletes should not be involved in any misconduct (on/off campus or via Social Media) which would bring discredit to self/others, the team, or Yreka High School. Athletes are expected to adhere to these standards in and out of their season of sport to remain eligible to participate. Ongoing discipline problems need be reported to the Athletic Director.

VIOLATION OF LAW

Athletes arrested and convicted for a felony or serious misdemeanor resulting in arrest shall be suspended from sports for the remainder of the season or for 30 days - whichever is longer.

CONTROLLED SUBSTANCE VIOLATION

A student/participant found in possession of a controlled substance will be immediately suspended from school and must be recommended for expulsion from the Yreka High School district.

TOBACCO, ALCOHOL OR DRUG ABUSE

FIRST “TOBACCO” VIOLATION

Any student discovered using tobacco will be referred to the school nurse and will be required to complete the prescribed tobacco diversion program.

FIRST “VAPING” VIOLATION

Any student discovered vaping will be immediately suspended from competition for one week and will be required to complete a prescribed tobacco diversion program. Student's suspension must include at least one contest. Students will be allowed to attend practice but will not be allowed to travel or dress down for home games.

“OTHER” FIRST VIOLATION

Any student who is discovered using an illegal substance (tobacco or vaping- second offense, drugs, or alcohol) will become immediately ineligible for the remainder of teams' season of sport. Before trying out for another season of sport, the student must be enrolled in a substance abuse program when available.

An athlete who willingly admits, upon initial contact by a Coach, teacher, parent, school employee or Administrator, to their involvement directly with drug or alcohol use will be suspended for two weeks during the competitive season. The suspension period must include **two** competitions and prevents athletes from travel with the team. Athletes will be required to attend practice.

“OTHER” SECOND VIOLATION

Student-athletes discovered using illegal substances (tobacco or vaping - third offense, drugs, or alcohol) a second time during their high school experience will be suspended from their current team and be placed on athletic probation for two full seasons of sport following the sport in which the violation occurred. During the probationary period, they must attend a substance abuse program when available (a student-athlete may not try out or practice with a team until all requirements have been completed).

THIRD VIOLATION

Ineligibility exists for the remainder of the student's YHS experience.

NOTE: *The above consequences will be imposed, IN ADDITION to the regular school discipline procedures if the involvement with drugs, alcohol or tobacco occurs at school or a school event.*

PERFORMANCE ENHANCING SUBSTANCES

The Yreka Union High School District coaching staff urges its student athletes and parents to use extreme caution in the use of creatine, androstenedione and other performance enhancing substances. Based on the recommendation of the California Interscholastic Federation's Health and Safety Committee, the Yreka coaching staff supports the following:

1. Coaches will not distribute or promote the use of performance enhancing substances.
2. The use of performance enhancing substances on school premises shall not be allowed.
3. The coaching staff will make every effort to help its athletes develop and follow good nutrition and diet principles. The coaches will seek to develop flexibility and strength through accepted training techniques both on the field and in the weight room.

PARENT GUIDE

It takes a cooperative group to ensure the success of all young people. Coaches, athletes, parents, and school personnel are essential for the success of our student-athletes. Parents play a significant role in promoting teamwork, fairness, respect, citizenship and responsibility. Please read the following, and, as needed, discuss your reactions with your child, your child's coach or the Athletic Director. A good parent resource is, "Positive Sport Parenting". This course is free at: <http://nfhslearn.com/courses/18000>.

Expectations of Parents

- To accompany my child to as many orientations and informational meetings offered by the athletic department or the coach as my schedule will permit.
- To work closely with all school personnel to assure an appropriate academic as well as athletic experience for my child while he or she is in high school.
- To assure that my child will attend all scheduled practices and athletic contests. I understand that this will require self-sacrifice.
- To require my child to abide by the athletic departments and coaches' training rules.
- To acknowledge the ultimate authority of the coach to determine **strategy, player selection** and **playing time** of each player.
- To promote mature behavior from students and parents during athletic contests.
- To work cooperatively with other parents and school personnel to assure a wholesome and successful athletic program for our school.
- To refrain from negative comments about coaches, players, teams, officials on any form of social media i.e. texting, tweeting, Facebook, chat rooms.
- To work closely with coaches and other school personnel to identify a reasonable and realistic future for my child as a student-athlete, both in school and in college.

You can play a key role in helping your child learn the values of winning and losing. Success isn't always measured with wins and losses. Parents play a tremendous part in young people's lives to shape that characteristic. Open discussions with your child are encouraged after winning or losing experiences. Stress these points: improvement of the individual/team, learning from opponents, emphasize competitiveness, what could have been done differently and why, and accepting the experience as something to grow by and move forward.

Conduct: The importance of parents behaving as model spectators cannot be overstated. Parents who support the rules of conduct as defined by the CIF, provide a role model for other parents and students alike. Of particular concern are parents who harass officials or make comments in the stands regarding judgment decisions made by the coach. This is counterproductive and tends to destroy the values of good sportsmanship and the game.

Spectator Ejections: Any spectator ejection will result in a minimum of a one game suspension and completion of our "Sportsmanship Course" before they are allowed to attend a game. A second spectator ejection will result in suspension from attending games for the rest of that sports season. This could also roll over to the next sports season depending on the date of the ejection. A third spectator ejection will result in a 365 day suspension from attending any Yreka HS athletic events. Suspension include home and/or away games.

Issues of Concern...What are appropriate issues to discuss with the coach?

This is often the question many parents have when their children are participating in sports.

Encouraged to discuss:

- Treatment of their child
- Ways to help their child improve
- Concerns about their child's behavior
- Coaches' expectations for their child and the team
- Team rules and requirements
- Sanctions incurred by their child
- Scheduling of practices (holidays, summer programs, etc.)
- College participation.

NOT Encouraged to discuss:

- Placement on teams
- Playing time
- Strategies used by the coach during contests
- Other student-athletes.

Coach or Program Complaints: It is imperative parents respect the position of the coach and direct any concerns **TO THE COACH FIRST**. There is a difference between a concern and a complaint. If you wish to discuss a problem or issue concerning your child, begin by contacting his/her coach. Often the problem or issue is resolved at this level. For communication to be productive, please make an appointment to speak with the coach prior to or after game day. Please respect game day as a time where coach and player focus should be 100% on the competition. If you have a valid complaint about the coach, please contact the Athletic Administrator and a conference will be set up with the parent, coach and Athletic Administrator. A valid complaint will be required to be brought to our attention within 72 hours in order to properly address it in a timely fashion. Your complaint will be dealt with immediately. However, due to confidentiality issues, you may or may not be made aware of steps taken with our coaching staff.

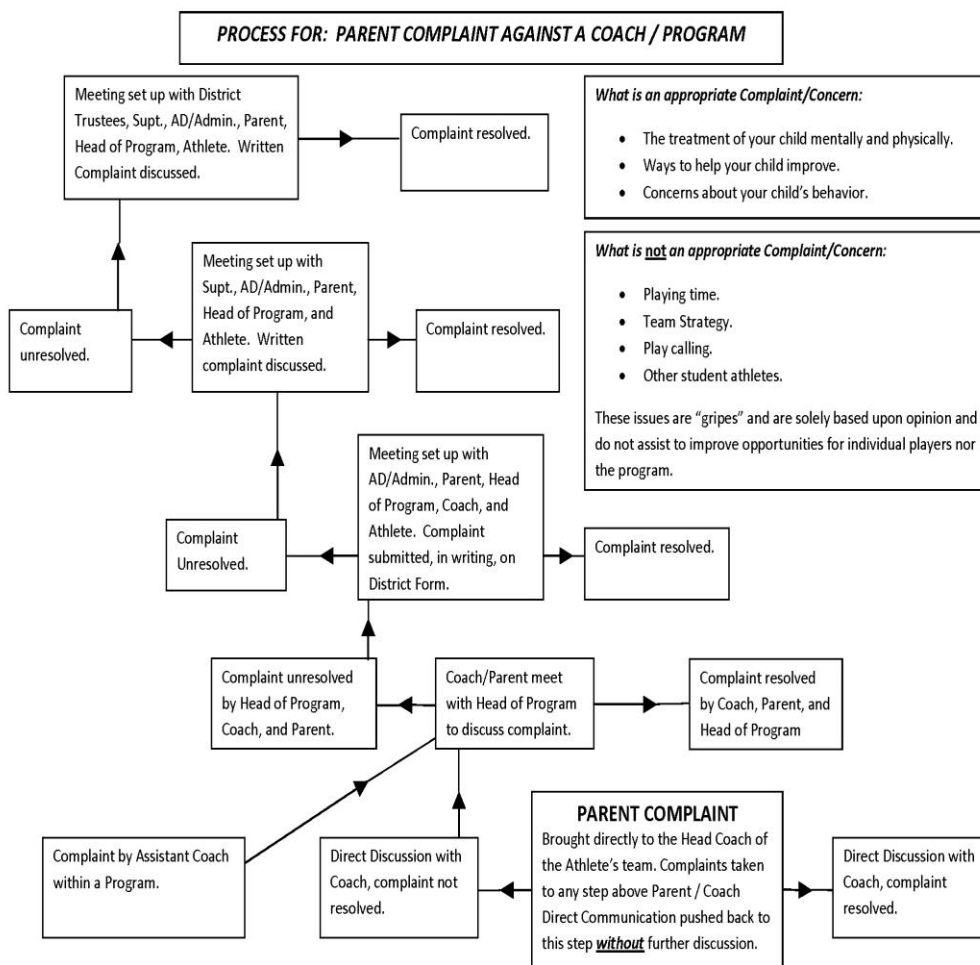
Steps for Resolution (Concern):

1. Contact the coach
2. Contact the Athletic Administrator
3. Contact the Principal
4. Lastly, contact the Board of Trustees

Steps for Resolution (Complaint):

1. Meet with the Head Coach (If not resolved follow each level of steps).
2. Contact Athletic Administrator and **send in Formal Complaint Form**, at which time the Administrator will determine whether a conference will be set up.
3. Meet with Athletic Administrator, athlete and coach.
4. Meet with Athletic Administrator, Athletic Director, Head of Program and athlete.
5. The next step is to request an audience with the Board of Trustees. At this time the written complaint will be discussed. The Athletic Administrator, Athletic Director, Head Coach and athlete will all be present.

****If you have any questions regarding this process, please contact the Athletic Administrator.**



YREKA UNION HIGH SCHOOL
ATHLETIC PROGRAM FORMAL COMPLAINT FORM

Yreka Union High School – Interscholastic Activity / Coach Complaint

Complaints are accepted and reviewed against Yreka Union High School District Coaches who have allegedly violated the California Interscholastic Federation “Code of Conduct for Interscholastic Coaches”. For complaints to be “reviewed” by Yreka Union High School District Administration or Athletic Administrator, complaints are to be directed, in WRITING, for investigation and follow-up.

“Reviewable” complaints/concerns will deal with:

- Violations in the CIF “Code of Conduct for Interscholastic Coaches”.
- Complaints/Concerns as they relate to:
 - The treatment of your child mentally and physically.
 - Ways to help your child improve.
 - Inappropriate behaviors observed in your child.

“Non-Reviewable” complaints/concerns will deal with:

- Playing time.
- Team Strategy.
- Play Calling.
- Student athletes other than your child.

THIS COMPLAINT INVOLVES:

Name of Coach: _____ Sport Involved: _____

Date of Incident: _____ Location of Incident: _____

COMPLAINT NARRATIVE: (attach additional pages as needed)

COMPLAINT SUBMITTED BY:

NAME: _____ DATE: _____

ADDRESS: _____ CITY: _____ ZIP: _____

PHONE NUMBER: _____ CELL NUMBER: _____

SIGNATURE: _____

COMPLAINT(S) MUST BE SIGNED BY THE PERSON SUBMITTING THIS FORM.

Forward completed form to: **Athletic Administrator, Yreka Union High School, 400 Preece Way, Yreka, CA, 96097.**

ATHLETIC DEPARTMENT / ADMINISTRATIVE RESPONSE:

Coach's Deposition:

Date: _____ Completed by: _____

Signature: _____

REFERRED FOR MEETING: YES: _____ NO: _____

COMMENTS IF

"NO": _____

DATE OF MEETING: _____ CONFIRMED: _____

PARTIES REQUIRED FOR MEETING: PARENT ATHLETIC DIRECTOR ADMINISTRATION

(Circle ALL that Apply)

ATHLETE HEAD OF PROGRAM ASSISTANT COACH

RESOLUTION:

(Completed by AD)

Signature: _____

Yreka High School established in 1893

Mascot - "Miners"



School Colors - Red and Gold

Yreka Miners' Fight Song

Oh, play, Yreka Miners
As you have never played before.
Bring glory to your high school
As you have done in days of yore.
Our hearts are always with you
As you enter in the fray.
So fight, fight, Miners,
Fight, fight Miners,
Fight to win the victory today!